



KARRATHA LEISUREPLEX TEEN GYMNASIUM

TERMS AND CONDITIONS

MEMBERSHIP

1. "Teen" refers to members 14-16 years of age.
2. To purchase a Teen Membership a parent or guardian of 18 years or older needs to be present to sign the consent form.
3. Any breach of these terms will result in the revoke of membership with no refund.

CODE OF CONDUCT

1. Take all actions reasonably possible to provide a safe training environment.
2. No smoking, food or drink (other than water bottles/water cooler) is permitted in the gym.
3. Remove no equipment from the gym
4. Always use a separate towel for hygiene purposes and wipe equipment after use.
5. If you are on your own, or the last person in the gym, leave safely. Let someone else know if you are training. This is important if you are training alone and outside of normal busy hours.
6. Lifters must use collars on every set and must not drop weights on the floor.
7. Lifters must use spotters on all moderate to heavy sets.
8. Replace all weights and do not leave weights on the floor as this is a safety risk.
9. When the gym is busy you are encouraged to share equipment.
10. Please wear body deodorant at all times.
11. Gym users must adhere to dress code at all times.
12. Ensure doors are secure as you leave.

GYMNASIUM DRESS CODE

1. You must be dry and clean before entering the gym.
2. Covered Athletic shoes must be worn with laces tied at all times.
3. Lower body clothing: athletic shorts, tights or aerobic outfits.
4. Upper body clothing: T-shirts, singlets, sweat shirts.
5. Athletic hats are acceptable.
6. Prescription glasses are permissible. NO sun-glasses permitted UNLESS suitable medical evidence provided.
7. Any jewellery that may possibly injure a user, including rings and necklaces, is not permitted. Small earrings and items that cannot inhibit or injure a user are permitted.

ACCESS TIMES

1. You must wear your white membership band at all times in the Leisureplex.
2. You may access the gym during Leisureplex opening times with a parent or guardian 18 years of age or older.
3. You may only access the gym unaccompanied by a parent or guardian during advertised Teen Gym times.
4. You under no circumstance permitted to enter the gym unaccompanied, outside of advertised Teen Gym times and will be asked to leave immediately.
5. Advertised Teen Gym Times are subject to change.